

# Parenting can be a challenge...



## The Nobody's Perfect Program for Parents may help you

*Feel good about doing your best as a parent*

*Be ready for each new skill your child learns*

*Help your child learn positive behaviour*

*Learn how your child's body  
and mind grow together*

*For parents with  
children ages 1 to 5 years old.*

*Offered by Community Agency staff.*

***For more information call your local Community Agency or  
York Region Community and Health Services Health Connection  
at 1-800-361-5653***

***Vaughan/King/Aurora  
Ontario Early Years Centre  
905-856-5511 or  
1-866-404-2077***

***Thornhill  
Ontario Early Years Centre  
905-709-6159***

***Oak Ridges  
Ontario Early Years Centre  
905-883-6901 or  
1-866-297-9622***

***Markham  
Ontario Early Years Centre  
905-479-0002***

***York North  
Ontario Early Years Centre  
905-853-0754***

***Rose of Sharon  
905-853-5514***

***The Cross-Cultural  
Community Services  
Association  
905-948-1671***

***Centre for Information and  
Community Services  
905-474-5092***

